



**2023-2-HU01-KA210-SCH-000174080**

**2024. 03.15-2025.09.14**

**MEET in Green**



**Az Európai Unió  
támogatásával**

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### **Pictures and links of publications of the project**





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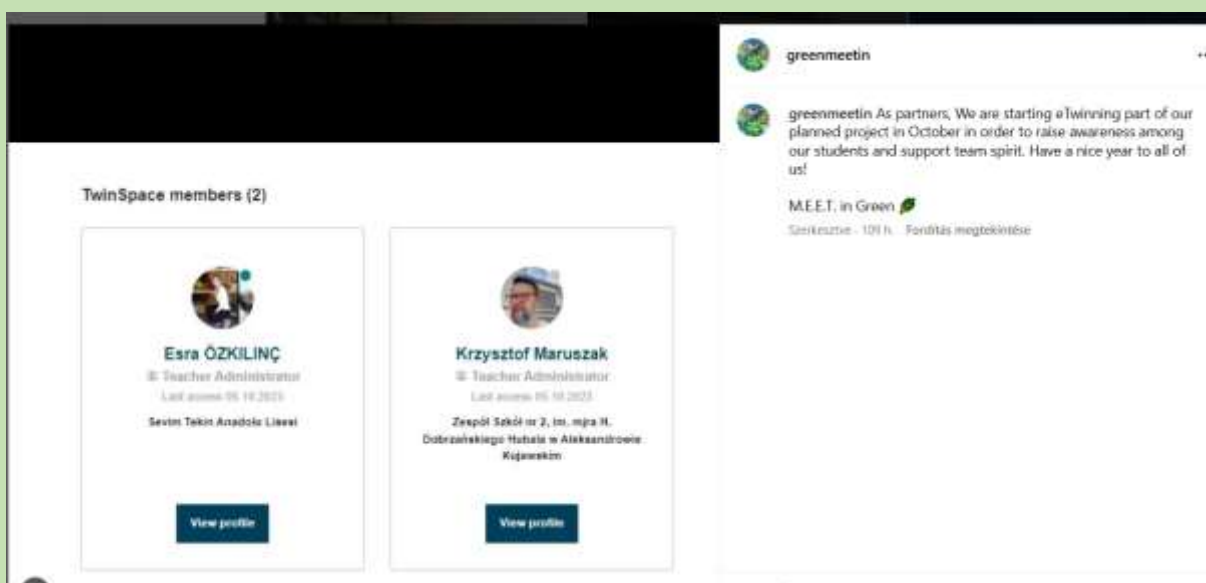
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Preparation time:





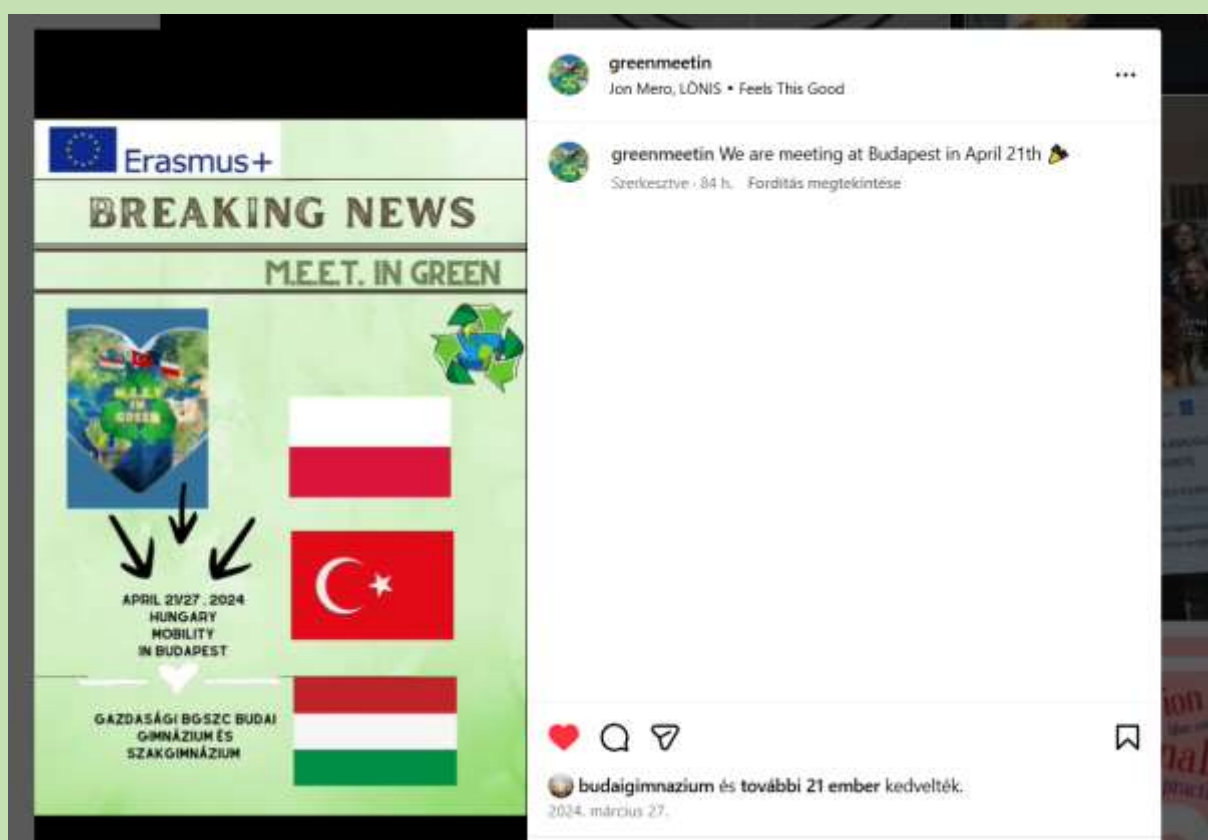
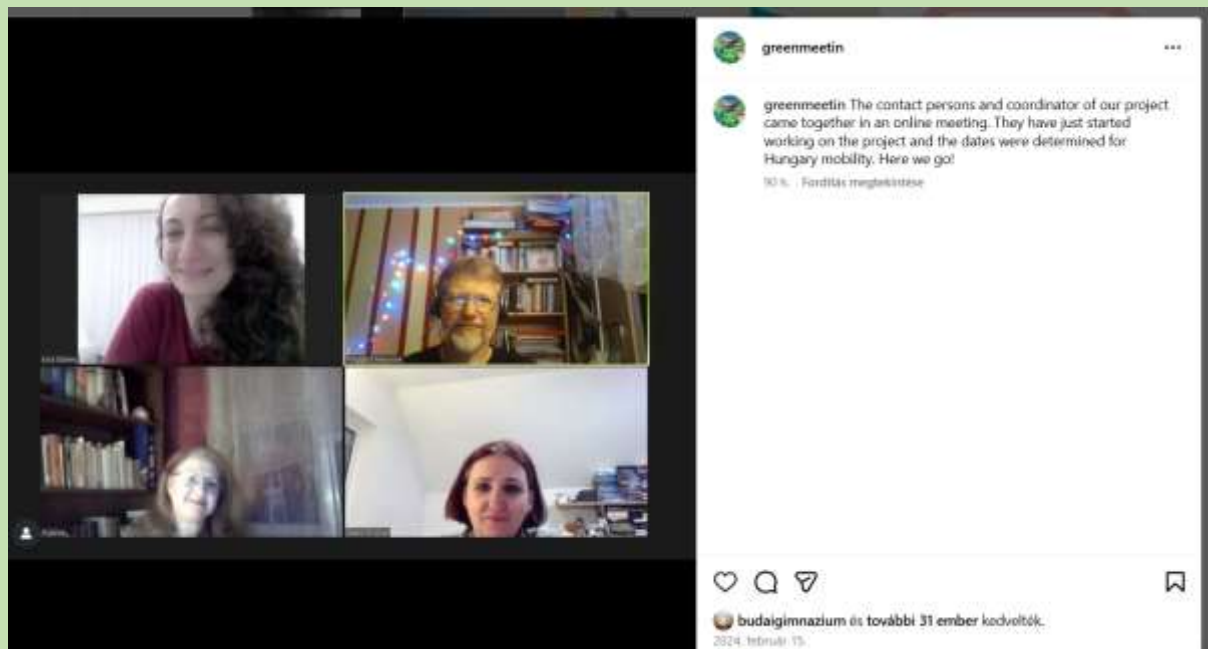
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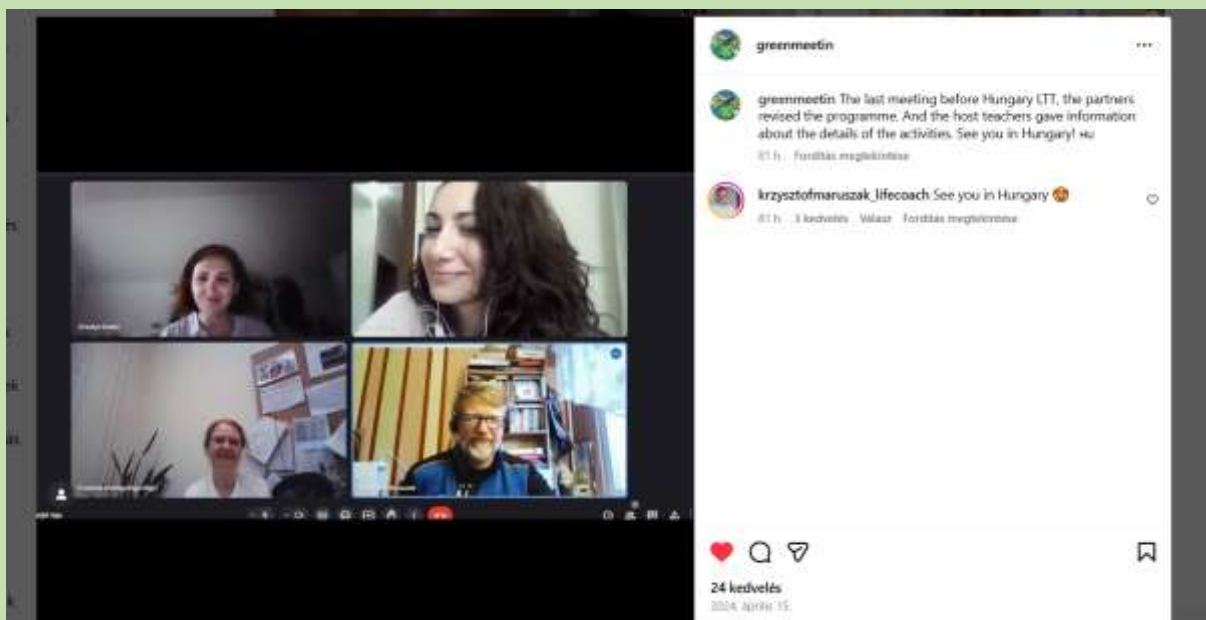
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greenmeetin

greenmeetin Polish team is on the way for Budapest! 🇵🇱

31 h · Fordítás megtekintése



39 kedvelés  
2024. április 20.



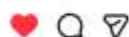
greenmeetin

raghavsachar • Lakme Fashion Week 2024-Bella Ciao



greenmeetin First day of LTT in Hungary

80 h · Fordítás megtekintése



43 kedvelés  
2024. április 22.



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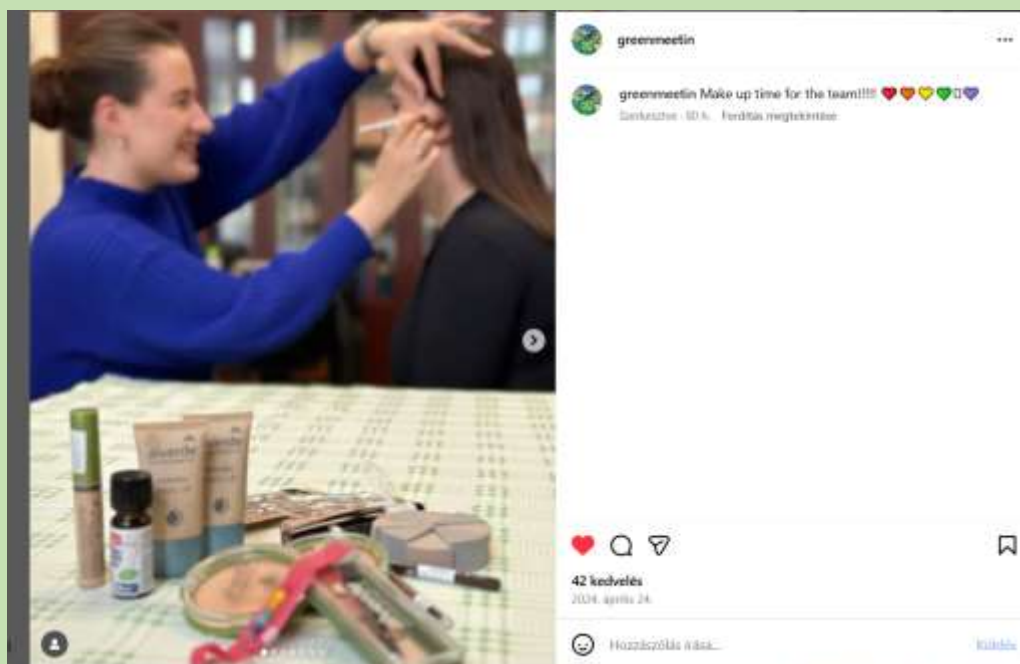


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greenmeetin

Zespół Szkół Nr 2, im. mjr H. Dobrzańskiego "Hubala" w Aleksandrowie

greenmeetin Polish students and their teacher had meeting with their headmaster. And they shared their experiences with him.

70 h Fordítás megtekintése



32 kedvelés

2024. május 6.



greenmeetin

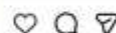
greenmeetin Our project is on Polish Local Press, thanks to @krzysztofmaruszak\_lifecoach @hubal\_js2\_

75 h Fordítás megtekintése



krzysztofmaruszak\_lifecoach That's a pleasure to work with you all my Friends

75 h, 2 kedvelés Villasz Fordítás megtekintése



24 kedvelés

2024. május 6.



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LTT in Poland





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greenmeetin

Zespoł Szkół nr 2 im Mł. Henryka Dobrzańskiego Hutebala



greenmeetin Creating and renewing workshop @huteba\_zs2\_

56 h, Fordítás megtekintése



35 kedvelés

2024. október 8.



Hozzászólás írása...



greenmeetin

Uniwersytet Mikołaja Kopernika w Toruniu



greenmeetin Third age university workshop

56 h, Fordítás megtekintése



33 kedvelés

2024. október 9.

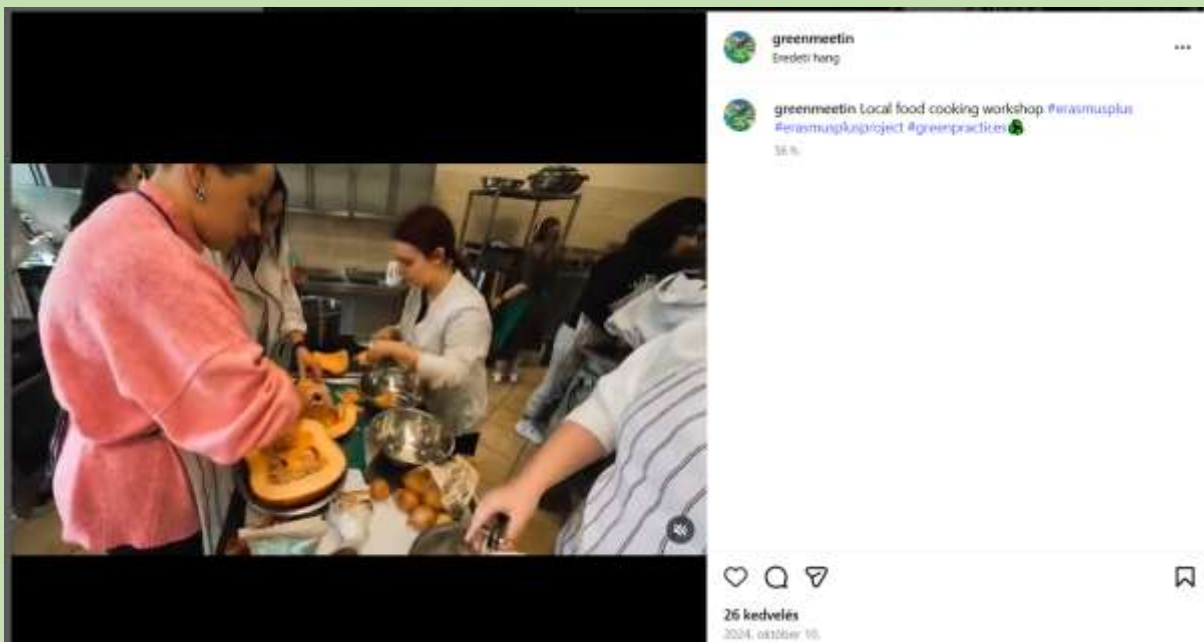




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LTT in Türkiye, Adana



[https://www.instagram.com/reel/DBbluH9t-sj/?utm\\_source=ig\\_web\\_copy\\_link&igsh=MzRIODBiNWFIZA==](https://www.instagram.com/reel/DBbluH9t-sj/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==)





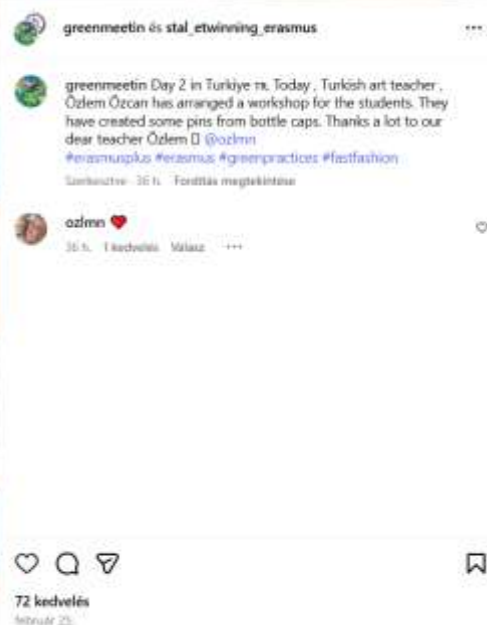
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**A podcast on Eco-Chic: Fashion and beauty choices that care for the Earth**





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**M.E.E.T in Green 10.06.2024.-12.10.2024.**

**Poland, Ciechocinek, Aleksandrów Kujawski**

**Zespół Szkół nr 2 im. mjr H. Dobrzańskiego "Hubala"**

**Poland-Hungary-Türkiye**



During our recent Erasmus+ trip to Poland at Zespół Szkół nr 2 im. mjr H. Dobrzańskiego "Hubala" Secondary School, we immersed ourselves in the theme of sustainability and green projects, surrounded by a community deeply committed to environmental change. This unique opportunity allowed us to learn from local initiatives, share our ideas, and explore practical solutions for a greener future alongside students from various European countries.

Upon arrival, we were warmly welcomed by the students and staff, who introduced us to their green projects already implemented around the school campus. Hubala School serves as a





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model for sustainable practices in education. Our week-long stay was packed with workshops, discussions, and site visits, each focusing on how schools and communities can contribute to the global effort for environmental conservation.

One of the highlights of our visit was the “Green School Challenge,” a collaborative task where we worked in mixed international teams, namely Polish and Turkish students and sewed and embroidered together to create and present sustainable project products. We also changed our clothes to reduce waste. This experience was both inspiring and eye-opening.

We also had the chance to visit a nearby city Torun. Seeing how Poland tackles sustainability in both rural and urban settings was inspiring, showing us how community engagement can drive impactful changes.

The experience at Hubala School not only taught us practical aspects of sustainability but also strengthened the friendships we built with students from different cultural backgrounds. This Erasmus trip was a reminder of how education can empower us to tackle global challenges collaboratively and creatively. We returned home with new knowledge, motivation, and, most importantly, a shared vision for a greener future.



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#### Student account 1:

The purpose of our trip is to deal with environmental protection topics and learn how we can recycle them in the most effective way. We travelled to Ciechocinek with two of our teachers. The people who were waiting for us there were amazingly kind to us and the place was amazing as well. We visited many famous places there, which would be a shame to miss because they are part of the Polish culture. I was looking forward to our trip for several reasons. I love going places I haven't been before, and I also knew that we would spend time with people who were locals, so we can really learn as much as possible from them and talk to them in English, which will be a very good practice for us.

Our place was very family-like. Because of the design of the room, we were able to spend a lot of time together, which was spent in a good mood during the trip. We were able to try many



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kind of polish food. Some of them were great, but there were some that didn't become my favorite. During our trip, we also visited a gingerbread-making museum. Before our trip, I didn't know Poles were famous for their gingerbread, and it was really nice to find out. During the session, we were able to make our own figure, after that, we could take them home. We also visited some churches which were amazingly impressive. In one of the churches we had the opportunity to go up to one of the towers, from where we could get a view of the city.

During our indoor sessions, we were also able to cook some local food, which became one of my favorite activities, and we also learned to sew. For example, I made a pillowcase. During our trip, I bought souvenirs for my family and friends, which I could hardly choose from, since I had so many options to choose from. After all, we managed to have a very good trip and came home with a lot of experiences, which we were happy to tell our classmates, and teachers. We enjoyed our time there so much that we agreed with our friends who had formed there that we would keep in touch and go back to them as soon as possible.

Student account 2:

### **Erasmus+ Project: M.E.E.T in Green Poland**

**Introduction** As part of the Erasmus+ program, I had the incredible opportunity to participate in the M.E.E.T in Green project in Poland. The main theme of the project was sustainability, focusing on the impact of fast fashion and the importance of protecting the environment. This trip allowed me to explore new cultures while learning about eco-friendly practices.

**Destination** Our journey took us to Aleksandrów Kujawski, Toruń, and Ciechocinek, three beautiful locations rich in history and culture. Toruń, a UNESCO World Heritage site, is known as the birthplace of Nicolaus Copernicus and for its stunning medieval architecture. Ciechocinek, famous for its unique saline graduation towers, is a perfect example of how nature and innovation can coexist.

**Personal Motivation and Expectations** I was excited to learn about sustainable practices and how different communities address environmental challenges. I hoped to gain new perspectives on sustainability while improving my intercultural communication skills.

**First Impressions** Upon arrival, I was captivated by Poland's picturesque scenery. The winter air was crisp, and the people were welcoming. The blend of historical landmarks and modern sustainability efforts was impressive.

**Cultural Differences and Observations** One of the first differences I noticed was the strong emphasis on environmental responsibility. Recycling bins were common, and public transport was widely used. Traditional Polish hospitality was another highlight, as locals were eager to share their customs.





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**First Interaction with the Host Family** Staying with a host family was an enriching experience. They warmly welcomed me, introduced me to Polish traditions, and prepared delicious home-cooked meals. It was fascinating to learn about their daily lives and sustainable habits.

**Accommodation** Our accommodation was comfortable. While amenities were basic, the homely atmosphere made up for it.

**Food and Dining** Polish cuisine was a delight! I tried pierogi (dumplings), żurek (sour rye soup), and bigos (hunter's stew). The flavors were hearty and comforting, making every meal an experience in itself.

**Places Visited and Activities** We explored Toruń's medieval Old Town, visited the Copernicus Museum, and participated in workshops on sustainable fashion. In Ciechocinek, we observed the saline graduation towers and their natural purification system. These experiences deepened my appreciation for Poland's environmental efforts.

**Local Culture and People** Polish people were incredibly hospitable. Their pride in local traditions, from folk music to holiday celebrations, was inspiring. Interacting with locals gave me a deeper understanding of their way of life.

**Transportation** We primarily used public transport, which was efficient and eco-friendly. Buses and trains connected even smaller towns, making it easy to explore the region sustainably.

**Shopping and Souvenirs** Visiting local markets was a highlight. I purchased handmade crafts, organic soaps, and traditional Polish gingerbread as souvenirs.

**Memorable Experiences** One unexpected moment was an impromptu conversation with a local artisan who shared insights on sustainable textile production. It was a reminder of how small choices can contribute to a greener future.

**Conclusion** This Erasmus+ experience was truly transformative. Learning about sustainability in a real-world context, meeting inspiring people, and experiencing Polish culture firsthand made a lasting impact. I would highly recommend this program to anyone interested in environmental awareness and cultural exchange.

Account 3:

An Unforgettable Experience: M.E.E.T in Green Poland



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Traveling offers the opportunity to explore new cultures, meet people, and gain experiences beyond the ordinary. My journey to Poland for the M.E.E.T in Green Poland program took me through Aleksandrów Kujawski, Ciechocinek, and Toruń, three destinations rich in history and cultural significance.

The trip was centered around the M.E.E.T in Green Poland initiative, an educational and cultural exchange program aimed at promoting sustainability, local heritage, and cross-cultural interactions.

Located in north-central Poland, Aleksandrów Kujawski is a small yet historically rich town, while Ciechocinek is famous for its therapeutic saltwater springs. Toruń, a UNESCO-listed city, is renowned for its medieval architecture and as the birthplace of Nicolaus Copernicus.

I was excited to experience Poland's natural beauty, engage with locals, and learn about eco-friendly practices. I also looked forward to tasting Polish cuisine and exploring historical landmarks.

Upon arrival, I was greeted by lush green landscapes and charming architecture. The cool, crisp air and welcoming locals immediately made me feel comfortable.

Polish hospitality stood out, as did the strong emphasis on traditions and community life. The relaxed pace of life in smaller towns was a refreshing change.

Staying in a hostel was a highlight. They were warm, eager to share their culture, and introduced me to homemade Polish dishes. The accommodation was cozy and traditional, offering a true taste of local life.

The serene environment and historical richness were definite advantages. The only challenge was the language barrier, though most younger people spoke English.

Polish cuisine was a delightful surprise! I enjoyed pierogi (dumplings), żurek (sour rye soup), and kopytka (potato dumplings). The flavors were hearty and comforting.

Toruń: Explored the Old Town, Copernicus Museum, and the medieval city walls.

Ciechocinek: Visited the famous graduation towers, known for their health benefits.

Aleksandrów Kujawski: Participated in eco-friendly workshops and community activities.

A hidden gem was a small studio where I tried my hand at traditional Polish flower-making.

The locals were warm and hospitable, eager to share stories about their heritage. I was fascinated by folk traditions and music performances.

I visited local markets, purchasing traditional Polish sweets as souvenirs.



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An unplanned picnic by the Vistula River with newfound friends became a cherished memory. Another highlight was attending a local festival with traditional dances and music.

This trip was an enriching cultural and educational experience. From stunning landscapes to warm hospitality, Poland left a lasting impression. I would definitely revisit and recommend it to anyone seeking an authentic European adventure.

### **Beszámoló az Erasmus+ utazásról Adanában, Törökországban**

2025 február 24-28-ig hat diákunk Erasmus+ mobilitás keretében Törökországba, Adanába utazott. A program során lengyel és török diákokkal közösen vettek részt különböző tevékenységekben, melyek középpontjában a divat, a kiegészítők és a fenntarthatóság állt.

Az egyhetes program során a diákok megismerkedtek a fenntartható divat alapelveivel, részt vettek kreatív műhelymunkákon, ahol újrahasznosított anyagokból készítettek kiegészítőket.

A szakmai programok mellett a kulturális és gasztronómiai élmények is nagy szerepet kaptak. A diákok közösen főztek török diákokkal, megismerkedtek a helyi ételekkel és hagyományokkal.

Az egyik legemlékezetesebb napot Cappadociában töltötték, ahol a híres sziklaképződményeket fedezték fel. A program részeként ellátogattak a tengerpartra is, ahol lehetőségük volt pihenni, sétálni és élvezni a természet szépségét.

A mobilitás során a diákok nemcsak kulturális ismeretekkel gazdagodtak, hanem életre szóló barátságokat is kötöttek. A különböző nemzetiségű csoportok közötti együttműködés erősítette a nyelvi és szociális készségeiket, valamint hozzájárult a nemzetközi kapcsolatok elmélyítéséhez.

Ez az Erasmus+ program kiváló lehetőség volt arra, hogy diákjaink új perspektívákat szerezzenek a fenntartható divat terén, és betekintést nyerjenek más kultúrák mindennapjaiba. Bízunk benne, hogy a jövőben is hasonlóan sikeres projektekből vehetünk részt!



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### Beszámoló az Erasmus+ "MEET in Green" pályázatról

Örömmel számolunk be arról, hogy iskolánk részt vett az Erasmus+ "MEET in Green" projektben, amelynek középpontjában a fenntarthatóság, a divat és a környezetvédelem állt. A programban három ország, Lengyelország, Törökország és Magyarország diákjai vettek részt, közösen dolgozva a fenntartható jövő érdekében tett erőfeszítéseket.

A projekt során számos kreatív tevékenységben vettünk részt, amelyek célja a fenntartható divat és a környezettudatos életmód népszerűsítése volt. Közösen kutattuk a fenntartható anyagok használatát, megismertük az etikus divat alapelveit, és saját kreatív ötleteinkkel is hozzájárultunk a környezetbarát megoldások kidolgozásához.

A közös munka mellett kiemelkedően fontos szerepet kapott az együttműködés és a kulturális tapasztalatcsere. A különböző országok diákjaival közösen gondolkodtunk, ötleteltünk és dolgoztunk azon, hogyan lehetne a fenntartható divatot még elérhetőbbé és népszerűbbé tenni a fiatalok körében. Ez nemcsak szakmai fejlődésünket segítette, hanem életre szóló barátságokat is eredményezett.

A program során rengeteg új tapasztalatot szereztünk, szélesítettük látókörünket, és inspirációt merítettünk egymás ötleteiből. A projekt bebizonyította, hogy a fenntarthatóság és a divat összekapcsolható, és hogy a nemzetközi együttműködés révén hatékonyabban tudunk fellépni a környezetvédelem érdekében.

A "MEET in Green" Erasmus+ projekt hatalmas siker volt, amely nemcsak a tudásunkat bővítette, hanem erősítette a nemzetközi kapcsolatokat és barátságokat is. Bízunk benne, hogy a jövőben is hasonló projektek részesei lehetünk, és tovább folytathatjuk a fenntarthatóság népszerűsítését.

#### Account 4:

##### Erasmus Essay

In February I was delighted to participate in the Erasmus+ MEET in Green program, which focused on sustainability and the environment. I personally applied for the program because I am interested in the topic and I believe that sustainability is a key priority if we want a better future. We travelled to Adana, which is quite a big city in Türkiye. The trip was mostly fine, but what caught us by surprise was the cold weather. Many of the locals said it was some of the



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coldest weather they had ever experienced. The people we met during the program were all very nice and the Turkish team made us feel very welcomed . We were pleased with the accommodation, as it was heated, which was really good in this cold weather, and we could find all sorts of shops nearby which came in handy many times later on. Something else I really liked was all the new flavours I got to try. I ate a lot of delicious food, and what was very interesting for me at the meals were the many appetizers, of course they were all very tasty. There were lots of beautiful places to visit and exciting activities to take part in, but for me perhaps the most enjoyable was admiring Cappadocia and spending time with the people I met there. Most of the people were very nice, and not only the people involved in the project, but almost everyone else was very helpful. Sometimes the communication with the locals was a problem, but apart from that, we managed to get everything done, even the public transport. Unfortunately, I didn't have much time for the souvenir shops, but there are plenty of little things we can buy to make a loved one happy. I feel like this trip was a lot about that, about making each other happy, because it was wonderful and joyful for everyone. The participants were great and I often think how much I would love to go back to experience more things.

#### Account 5:

##### Our Trip to Adana within the MEET in Green Program

At the end of March 2025, we traveled to Adana, Turkey, as part of the MEET in Green program. Everyone was excited about the meals because Turkish culture is significantly different from ours, and we were all eager to get to know it better—something we indeed achieved thanks to the program.

My primary goal for this trip was to meet people from other countries and possibly form friendships while also experiencing the authentic Eastern atmosphere.

Upon arrival, within the first hour on the way from the airport, I immediately noticed the huge contrast between the buildings in Turkey. One building was crumbling while the one two doors down looked almost brand new. Another thing that stood out in the city was the chaotic traffic. Drivers didn't follow the rules, and pedestrians didn't seem to care either. Strange foods were sold on the streets, and people everywhere stared at us and asked questions. They told us they wished we hadn't come at that time because Adana hadn't had such cold weather in 30 years.

Regarding our accommodation, we were completely satisfied with the hotel. It was clean, and the food was absolutely good. However, the nonexistent water pressure in the toilet led to some funny moments... There were three of us girls in one room, and we had a great time.





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We usually stayed up late chatting, which we regretted in the morning. The shared morning makeup sessions and listening to music will be a forever memory.

As for the local food... The lunch we received at the school was really good, and I enjoyed it because it was interesting and different from what we were used to. I can also speak positively about the sweets, but unfortunately, Adana Kebab did not become my favorite dish. For me, Turkish food is too spicy—even though I am used to Hungarian food, which is also known for its spiciness. However, what truly won me over was Turkish tea. They drink it ANYWHERE, ANYTIME. I loved it from the first day, though at first, I wasn't fully aware that it contained caffeine, so by the second night of the trip, my hands were shaking a little... but then I learned to moderate my intake.

During the six days, we visited many sights of course. For example, Sabanci Central Mosque and Cappadocia, which was about a five-hour bus ride away. My favorite attraction, if I can call it that, was Karataş Beach. I think that was one of my most special experiences. Despite the cold weather, the girls and I took off our shoes and ran into the water up to our knees. We searched for seashells and made unforgettable memories.

The local people, especially those we had direct contact with, such as the Turkish Erasmus participants, were the best hosts in the world—I'm sure of that. Esra, the organizing teacher, did everything to give us a comprehensive experience of the country, and the students helped us in every way. For example, once they walked us home on an almost hour-long journey. As for the people we encountered on the streets or in public places, as I mentioned, they looked at us strangely, sometimes said things to us in Turkish that we obviously didn't understand, and at times, their excessive curiosity made us feel a little uncomfortable. But overall, we didn't have any bad experiences from these interactions.

Transportation was mostly fine. We either traveled by private transfer or navigated on foot using Google Maps.

Shopping was one of the biggest culture shocks. Most things (even the so-called expensive gas station souvenirs) seemed so cheap from a Hungarian perspective that we often forgot to even check the prices. I mostly bought jewelry because there was so much of it, and it was beautiful. But what I'm happiest about is a Turkish perfume oil I got for a really good price. Before the trip, my mom reminded me to try bargaining, but in the end, I didn't dare to—and honestly, the prices were so low that I would have felt bad asking for a discount.

We formed great friendships with both the Polish and Turkish participants we met in Adana, and personally, I would be happy to welcome any of them into my home. One of the Turkish girls, Yudum, and us are already planning for her to visit us in the summer. I hope I will see everyone again someday. It's also important to mention that even though we, the Hungarians, came from the same school, most of us didn't know each other beforehand. However, this trip



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brought us so close together that I not only made Turkish friends but also new Hungarian ones.

The sentence I would use to sum up this experience is: I would go back anytime. It was one of the best experiences of my life, just the way it was. I can't pick one thing that made it so special. Every little moment contributed to it, and I can't single anything out—except maybe the fantastic people who surrounded me. Everyone should experience such a life-changing adventure at least once in their lifetime.

Thank you for the opportunity.





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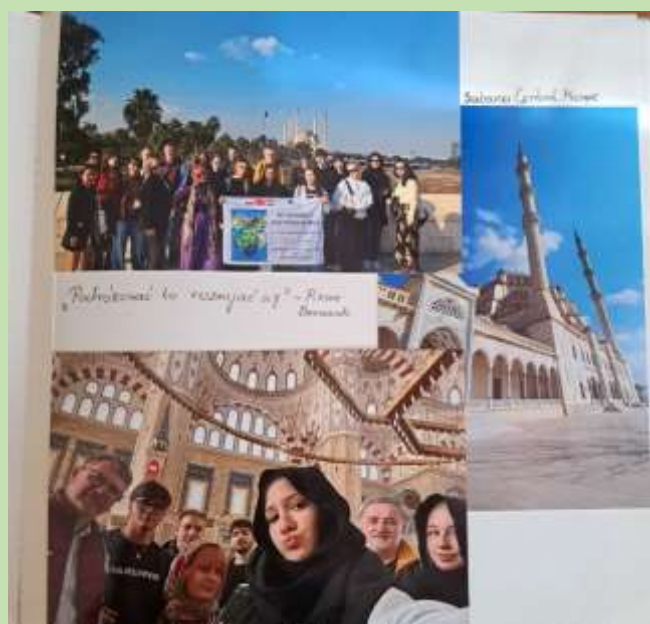




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### Disseminations

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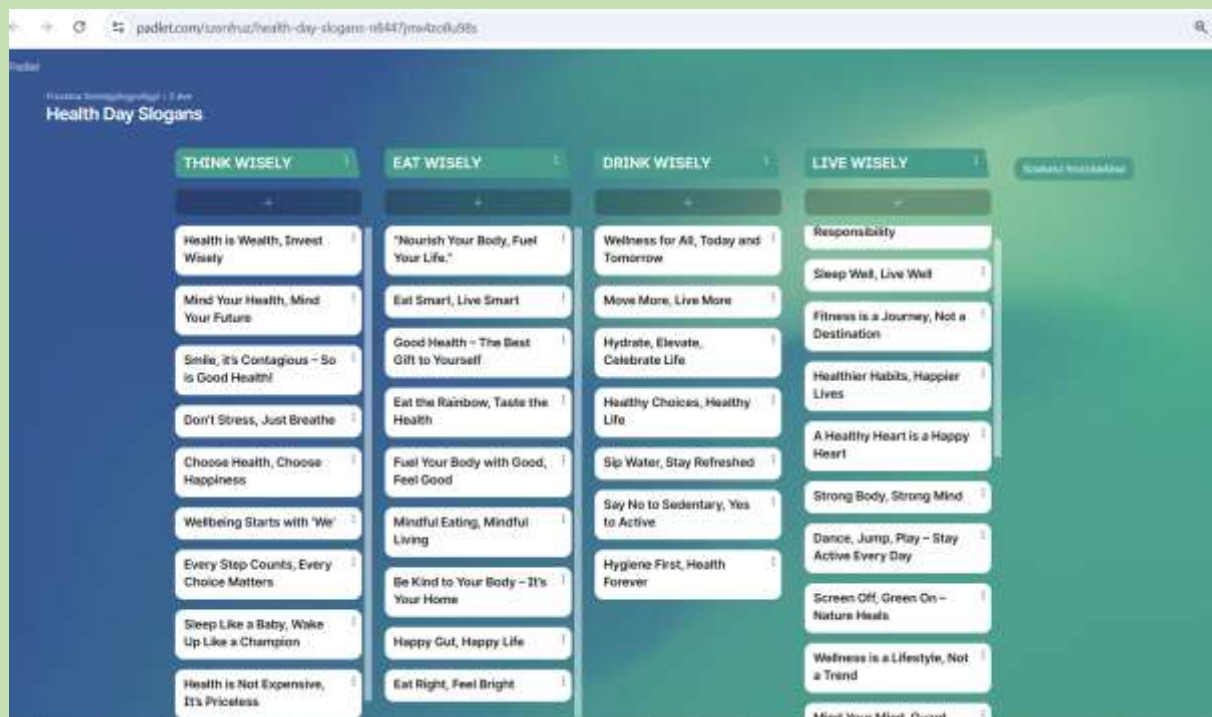


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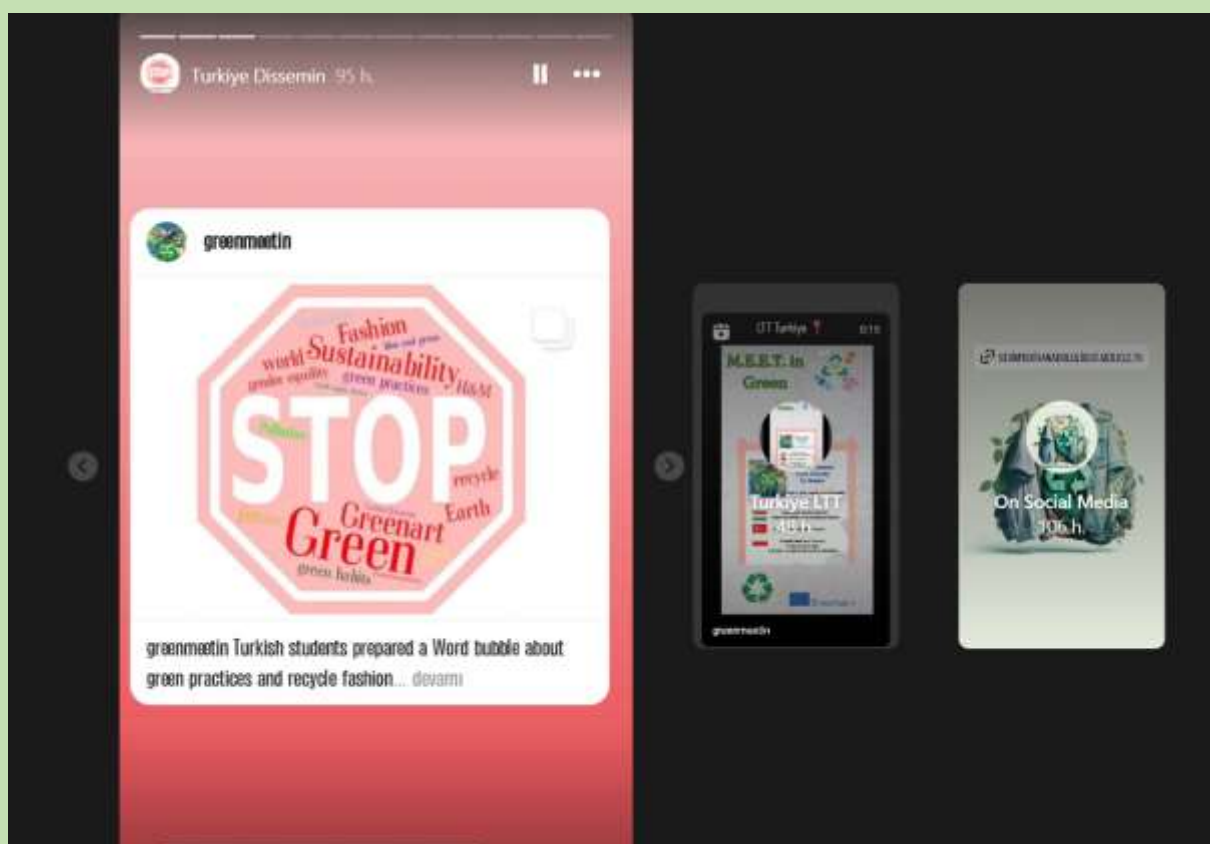
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<https://budaigimnazium.hu/erasmus/erasmus-palyazatok/>

<https://www.instagram.com/greenmeetin/>





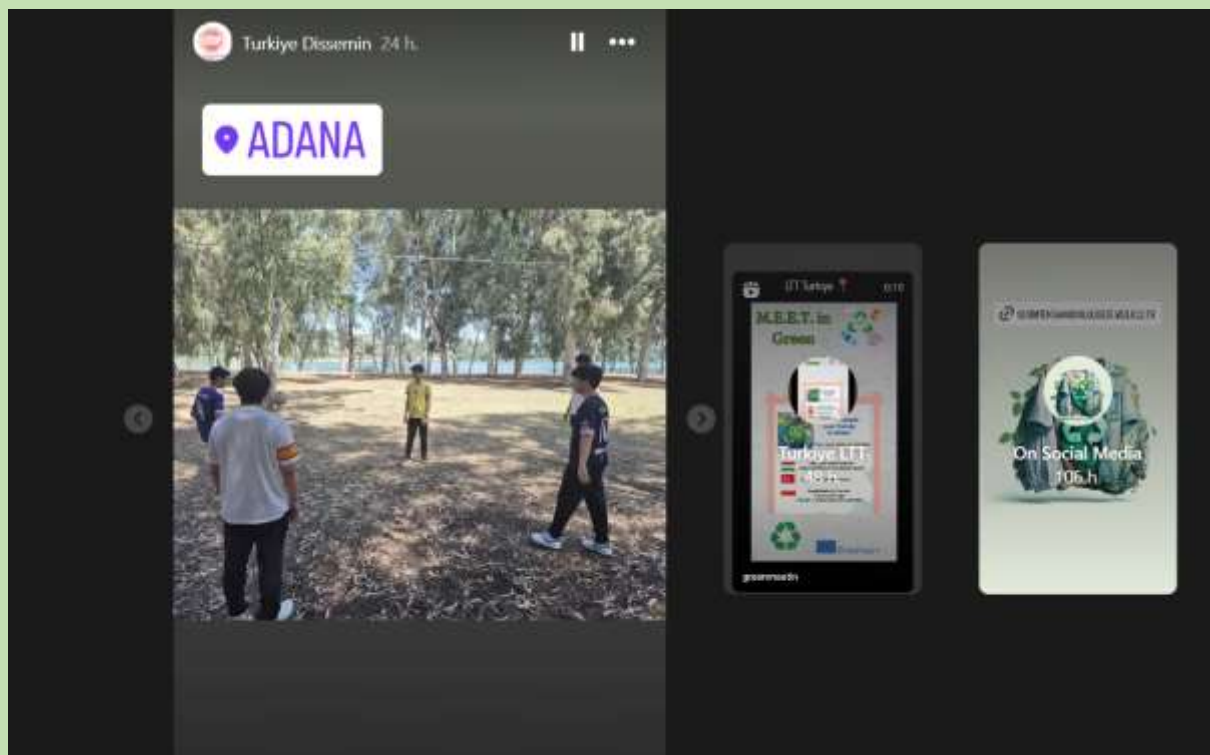
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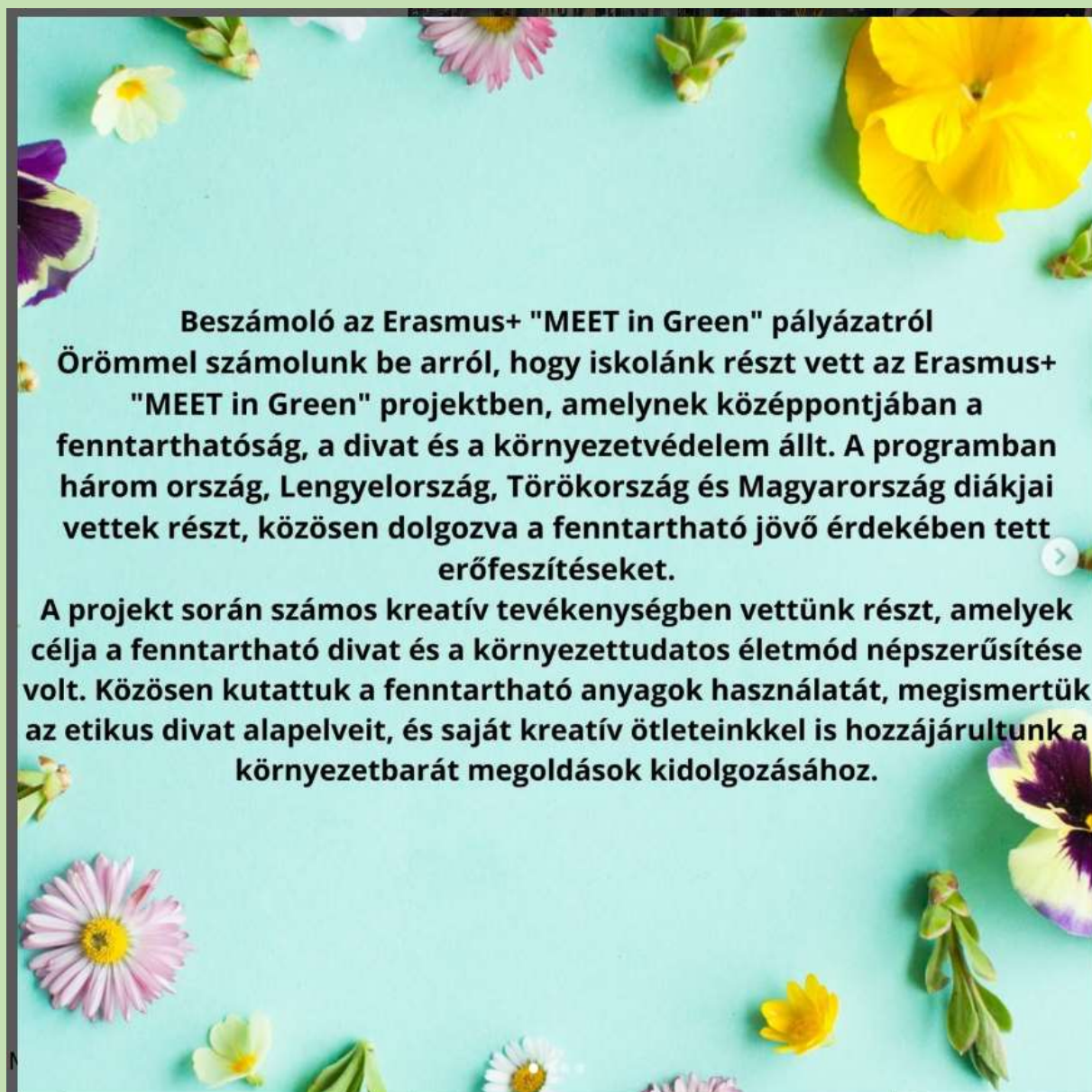
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